

Healthcare Cost Containment Committee Minutes

May 4, 2016

3:30 p.m. to 5:00 p.m.

Attendees: Carolyn Belfiore, Karen Bonin, Bill Byron, Marge Chiafery, Debie Clayton, Nick Coler, Shawn Croteau, Kim DeMaso, Rick Greenier, Karen Hammes, Linda Hastings, Marsha McGill, Teresa Porter Cascadden, Davis Powell, Sue Robinson, Rachel Schneider, Carol Smith, Sandy Swanson

1. Approval of April 6, 2016 Minutes

Carolyn Belfiore moved (seconded by Rick Greenier) to approve the April 6, 2016 minutes.

The motion passed 15-0-1 with Sue Robinson abstaining. Not all members were present during the vote.

2. Health Assessment Participation

a) Rate for April

Bill Byron reported the Health Assessment participation rate for April was 53%. The average participation rate within the HealthTrust membership is 34%.

b) Promotion Strategies for May

Continue to generate conversations about various incentives and other benefits offered by HealthTrust. Remind dependents home from college and spouses to complete the health assessment survey. A flyer specific for retirees might help increase the participation rate.

Bill Byron reported that the first quarter cost savings to the district doubled from last year. Smart Shopper shopping results are held for 13 months. This allows a person to shop for a potential procedure months before the actual procedure.

Debie Clayton reported she plans to attend the district's open enrollment sessions during the week of May 16th. She will promote the Smart Shopper program, remind individuals to have their college students complete the health assessment and review the health network expansion.

Linda Hastings will send a districtwide email to notify individuals about open enrollment/health insurance informational meetings that will be held May 16-19, 23 and 24.

3. LiveHealth Demonstration

Bill Byron highlighted the LiveHealth Online benefit. Individuals can access a doctor twenty four hours a day, seven days a week using the webcam on a computer or mobile device without having to make an appointment. Claims are processed for the cost of a copay or up to \$49 per medical visit or \$89 per mental health visit. He recommended that individuals visit livehealthonline.com to register prior to using LiveHealth Online.

LiveHealth Online demo will be scheduled for the June meeting.

Health and Safety Coordinators (Christine Soucy, Rachel Schneider and Teresa Porter Cascadden) receive lots of information from the HealthTrust that is worthy of sharing with the entire committee. Teresa asked for an opportunity to provide updates to the committee on a monthly basis.

4. Committee Membership for 2016-2017

Carolyn Belfiore informed the committee that 2015-2016 would be her last year serving on the committee. She recruited Mary Ethier, a MESSA representative to take her place.

Carol Smith and Karen Hammes will also resign from the committee. Marge Chiafery asked Carol and Karen to confer with Ken Johnson to find replacements.

The new representatives should be invited to the June meeting for transition. Agenda items will include a conversation with Mark Merrifield and a report about the May Derry Fitness Fair.

Carolyn Belfiore noted her first meeting on the committee was in July 2006. She stated that the committee's efforts have gone way beyond the goals identified in 2006.

September Meeting: September 14th will be the first meeting of the 2016-2017 school year followed by meetings on the first Wednesday of every month.

2015-2016 School Year Meeting Dates

Meeting Date	Refreshments
June 1, 2016	Debie Clayton/Bill Byron